

Low Self-Esteem Drop-ins

Is your child or someone you work with (aged 4-18 years) struggling with low self-esteem? Why not drop in and meet children's therapists to discuss what you can do to support. Learn more about low self-esteem and how it presents in children. **Free resources to take home.**

Venue: Teams Family Hub, Rose Street, Teams, NE8 2LS

Date: Tuesday 5th March 2024

Time: Professionals - 12:00-13:00, Parents/Carers - 13:00-14:00

Venue: Low Fell Library, Durham Rd, Low Fell, Gateshead, NE9 6HT

Date: Thursday 7th March 2024

Time: Professionals - 12:00-13:00, Parents/Carers - 13:00-14:00

Venue: Winlaton Centre, North Street, Winlaton, Blaydon, NE21 6BY

Date: Friday 8th March 2024

Time: Professionals - 12:00-13:00, Parents/Carers - 13:00-14:00

Venue: St Chad's Community Project, 21 Liddell Terrace, Gateshead NE8 1YN

Date: Monday 11th March 2024

Time: Professionals - 12:00-13:00, Parents/Carers - 13:00-14:00

Venue: Blaydon Library, Wesley Court, the Precinct, Blaydon-on-Tyne NE21 5BT

Date: Wednesday 13th March 2024

Time: Professionals – 13:00-14:00, Parents/Carers - 14:00-15:00

Venue: Chowdene Family Hub, Waverley Road, Gateshead, NE9 7TU

Date: Monday 18th March 2024

Time: Professionals - 12:00-13:00, Parents/Carers - 13:00-14:00



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Venue: Rawling Road Surgery, 1 Rawling Rd, Bensham, Gateshead Tyne & Wear NE8 4QS

Date: Wednesday 20th March 2024

Time: Professionals – 13:00-14:00, Parents/Carers – 14:00-15:00

Venue: Birtley library, Durham Rd, Birtley, Chester-Le-Street, DH3 1LE

Date: Friday 22nd March 2024

Time: Professionals – 12:00-13:00, Parents/Carers – 13:00-14:00

Venue: Elgin Family Hub, Elgin Road, Deckham, Gateshead. NE9 5PA

Date: Friday 22nd March 2024

Time: Professionals – 12:00-13:00, Parents/Carers – 13:00-14:00

Venue: Whickham Library, 9 Front Street, Whickham, NE16 4DN

Date: Tuesday 26th March 2024

Time: Professionals - 13:00-14:00, Parents/Carers - 14:00-15:00

Venue: Gateshead Central Library, Prince Consort Rd, Gateshead NE8 4LN

Date: Thursday 28th March 2024

Time: Professionals - 12:00-13:00, Parents/Carers - 13:00-14:00

Venue: Chopwell Library, Derwent Street, Chopwell, NE17 7HS

Date: Thursday 28th March 2024

Time: Professionals - 12:00-13:00, Parents/Carers – 13:00-14:00

