



# Emmaville Primary School

## Physical Education Action Plan 2016 - 2017



| Government strategy priorities  |  | School Priorities  |  |   |  |
|---|--|--|--|---|--|
| <ol style="list-style-type: none"> <li>1. Achieving high quality PE</li> <li>2. Increasing participation and inclusion</li> <li>3. Promoting healthy, active lifestyles</li> <li>4. Providing competitive school sport</li> <li>5. Developing leadership, the curriculum and subject profile</li> <li>6. Contributing to pupils' overall achievement</li> <li>7. Developing partnerships</li> </ol> |  | <ol style="list-style-type: none"> <li>1. Improving staff expertise and confidence (1)</li> <li>2. Developing quality of PE lessons (1)</li> <li>3. Increase participation of Key Stage One in OSH activities (2)</li> <li>4. Raise participation of Years 3-4 in OSH activities (2)</li> <li>5. Provide a varied OSH programme to offer opportunities for increased participation in a wide variety of sports. (2)</li> <li>6. Increase water competence &amp; confidence (2)</li> <li>7. To monitor children's PE attendance. (2)</li> <li>8. To promote inclusion in sport (2)</li> <li>9. To build confidence and improve muscle development and physical fitness reception (2)</li> <li>10. Continue to promote and develop healthy lifestyles throughout school (3)</li> <li>11. Provide new playtime strategies to promote healthy lifestyles &amp; further enjoyment of sports activities (3)</li> <li>12. To promote mental health well being (3)</li> <li>13. Increase intra school competitive opportunities (4)</li> <li>14. Increase inter school competitive opportunities (4)</li> <li>15. Raise the profile of the subject internally (5)</li> <li>16. Continue to develop the PE curriculum (5)</li> <li>17. Involvement in the GSSP 'Blazing the Trail' initiative. (6)</li> <li>18. Involvement in Sainsbury School Games</li> <li>19. Promote &amp; improve fine motor skills through PE activities. (6)</li> <li>20. Train children as sports leaders, to work with KS1 children at playtimes. (6)</li> <li>21. Valuing children's opinion's; involving them in identifying PE strengths and needs in school. (6)</li> <li>22. Improve community links (7)</li> <li>23. Work with SSP and cluster schools to improve subject awareness &amp; sporting opportunities for children (7)</li> </ol> |  |   |  |
| School Priority   | Task and Baseline  | Timescale and Cost   | Outcome with success Criteria  | Lead Responsibility   | Monitoring & Evaluation  |
| 1. Improving staff expertise and confidence.  | <b>National Priority 1 : Achieving high quality PE</b>   |  |  |   |  |
|   | <b>Staff CPD: 2015 – 2016...</b><br><b>LP:</b><br>PE Conference (1 day)<br>Cluster Meetings (3 x 2hrs)<br>School Sport Champions YSL (1day)<br>PE Co-ordinator Meeting (2 x 2hrs)<br><b>JW:</b> Skills to Play Sport (0.5day)<br><b>DH:</b> Using PE & Sport to raise achievement in English<br><b>All Teaching Staff:</b> Assessment & Feedback | £150<br><br><br><br><br>£150<br>£75<br>£150  | Increased staff knowledge, expertise and confidence. Keeping up to date with current PE info.<br><br><br><br><br>Staff to use DH suggestions and use ideas e.g. brain breaks in all lessons. | Ongoing LP to look for courses to suit staff needs.<br><br><br><br><br>LP to observe/team teach to offer support to staff throughout school | Staff attending courses to feedback in staff meetings to all staff<br><br><br><br><br>LP to observe/team teach to offer support to staff throughout school |

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|   | <b>Specialist coaches</b> (staff observe & team teach where appropriate):<br><b>2016-2017...</b><br><b>Skipping</b> – whole school full day £300<br><b>Black Cat Football</b> – (Y2) £400<br><b>Basketball</b> – Hoops4Health (Yr5) £400<br><b>Basketball</b> x 6wk coaching – (Yr2) TBC<br><b>Jittabugs:</b> (YR)<br><b>Close House Golf</b> – (Y2 – 6)<br><b>Relax Kids</b> – Whole School £200<br><b>Quick sticks Basketball Coaching</b> - (Yr4) |                                | Increased staff knowledge, expertise & confidence   | LP to organise coaches                 | Ongoing teacher feedback on coach to LP/staff                          |
|   | Staff in school to share sports skills/expertise for whole school CPD e.g. Sue: Fencing<br>Maggie: Yoga Charli: Archery  |                                | Increased staff knowledge, expertise & confidence   | Skilled staff                          | Teacher feedback   |
| 2. Developing quality of PE lessons.  | Use of core tasks for assessment.  | £75 Staff training             | Increased staff knowledge, expertise & confidence.<br>LP to observe & team teach in summer term | Staff, LP, GSSP                        | Staff to begin to use core tasks<br>Feedback                           |
|   |  |                                |   |  |  |
| 3. Increase participation of key stage one in OSH activities.   | <b>National Priority 2 : Increasing participation and inclusion</b>  |                                |   |  |  |
|   | Provide a key stage one 'Multi Skills' club to run once a week, for half term.<br>KB Year 1 Spring x 10 weeks<br>FD Year 2 Summer Term x 10 weeks  | Spring & Summer Term           | Increased participation   | KB<br>FD                               | Monitoring of participation rates<br>Verbal feedback from participants |
|   | Multi-skills Basketball – Year 1 Spring 2 <sup>nd</sup> x 6 weeks<br>Close House Golf Coach – Year 2 x 6 weeks<br>Spring 2 <sup>nd</sup>   | Spring 2 <sup>nd</sup><br>£120 | Increased participation   | GSSP<br><br>Tim Cockhill               | Monitoring of participation rates<br>Verbal feedback from participants |
| 4. Raise participation of years 3 & 4 in OSH activities.  | Less active children targeted for an afterschool club – Change4Life<br>To then attend Change4Life Festival   | Summer term 2016 x 10weeks     | Increased participation   | JW – Year 3/4 staff to target children | Monitoring of participation rates<br>Verbal feedback from participants |
| 5. Provide a varied OSH programme to offer opportunities for increased participation in a wide variety of sports. | <b>See Attached 'Emmaville Sporting Opportunities' Document</b>  | Ongoing from Sept 2016         | Wide variety of opportunities available - increased participation                               | Staff in school and external coaches   | Monitoring of participation rates<br>Verbal feedback from participants |
| 6. Increase water competence & confidence   | Target children unable to swim 25 metres.  |                                | Year 4 to attend swimming lessons for a year from summer 2016 to summer 2017.                   | Swimming teachers at Blaydon           | Assessment levels from swim teachers                                   |

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|  |  |   | Year 5/6 children to also attend if identified as requiring further support.                                       |                            |   |
| 7. To monitor children's PE attendance.  | Registers to track children's PE attendance. Spare kit to be provided for those forgetting. Kit now to be left in school for full half term.                   | Ongoing   | In class rewards/praise for PE kit.  | LP and staff               | Reminders in newsletter about full kit. Teachers to inform parents if no kit. |
| 8. To promote inclusion in school sport  | To work in partnership with 'Smile Through Sport' Stephen Miller   | TBC   | Participation for all  | LP & 'Smile through sport' | Teacher & pupil feedback  |
| 9. To build confidence and improve muscle development and physical fitness reception.                      | 'Jittabugs' dance, ballet and boogie taster session for reception  | TBC   | Increased participation  | Jittabugs & EYFS Staff     | Teacher & pupil feedback  |
|  |  |   |  |                            |   |
| 10. Continue to promote and develop healthy lifestyles throughout school                                   | <b>National Priority 3: Promoting health, active lifestyles</b>  |   |  |                            |   |
|  | Register with National Healthy Schools Programme & apply for healthy schools award   | Ongoing   |  | JW                         |   |
|  | Regular running a mile/10 minutes  |   | Map differentiated courses around school grounds. Use timers and class registers to record times and improvements. | LP                         | Teacher & pupil feedback  |
| 11. Provide new playtime strategies to promote healthy lifestyles & further enjoyment of sports activities | <b>Skipping:</b> Staff & all children to have attended skipping workshop. Encourage skipping at playtimes using suggested activities                           | Skipping £300                                       | Skipping ropes to be available for children at playtimes   | LP                         | Teacher & pupil feedback  |
|  | <b>Sports Leaders:</b> Year 5 x 10 children to be trained as sports leaders to work with KS1 at playtimes. 'School Sports Champions' training @ Thorp Academy. | 19 <sup>th</sup> Jan, LP to take £150 supply cover. | 'Sports Leaders' to follow a rota to work on KS1 yard planning & teaching sports and games to groups of children.  | LP & Yr5 Sports Leaders    | Ongoing feedback from sports leaders, KS1 children & all staff involved.      |
|  | <b>Thorp Academy Year 13 Sports Leaders:</b> To regularly work on KS2 yard at lunchtimes   | Ongoing TBC by staff at TA                          | 'Sports Leaders' to work on KS2 yard teaching sports and games to groups of children.                              | TA leaders & dinner staff  | Feedback from dinner staff and pupils.  |
| 12. To promote mental health well being.   | <b>Relax Kids: 6 Week Programme</b> to be delivered to 15 X targeted children  | EJ £270   | Children & staff using strategies to promote mental health well being in class and around                          | EJ                         | Feedback from children, staff and parents                                     |

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|   | <b>Relax Kids:</b> Staff Meeting   | £55                         | school.  |            |  |
|   |  |                             |  |            |  |
| 13. Increase intra-school competitive opportunities | <b>National Priority 4: Providing competitive school sport</b>   |                             |  |            |  |
|   | Adapting SOW to ensure that where appropriate final lesson of units provide an 'intra-school' competition. In addition, lessons should provide appropriate competitive opportunities | Ongoing from September 2016 | All pupils experience competition at end of half term.   | Teachers   | Pupil feedback on competitive opportunities.   |
| 14. Increase inter-school competitive opportunities | All children to attend at least one PE competition or festival each year.  | Ongoing from September 2016 | <b>See attached 'Emmaville Sporting Opportunities' Document</b>  | LP & staff | Every child to have attended <b>at least one</b> PE competition or festival throughout the year. |
|   |  |                             |  |            |  |
| 15. Raise the profile of the subject internally     | <b>National Priority 5: Developing leadership, the curriculum and subject profile</b>  |                             |  |            |  |
|   | Keep staff, head-teacher, governors, pupils, parents informed of PE activities   | Ongoing from Sept 2016      | Regular staff meetings to keep staff up to date with sports activities & course feedback etc.                              | LP & staff | Copies of reports<br>SEF<br>School Website<br>Displays   |
|   |  |                             | Weekly newsletters & updated website to inform parents of sports activities & achievements                                 |            |  |
|   |  |                             | Assemblies & display boards to celebrate PE activities & achievements  |            |  |
|   |  |                             | Website 'PE Mission statement' to highlight our intentions with regards to PE, Sport & healthy Lifestyles in school.       |            |  |
|   |  |                             | Active 8/Wake Up Shake Up/Yoga – reignite the importance of daily use of active8 sessions to stimulate children.           |            |  |
|   |  |                             | LP to attend governors meeting in Spring term, to update them on sports premium spending. Thursday 30 <sup>th</sup> march. |            |  |
| 16. Continue to develop the curriculum              | Assessment & Feedback Training to develop curriculum and progress of children within school  | 8 <sup>th</sup> Feb 2017    | Monitoring of children's PE attainment   | All staff  | Staff feedback   |
|   | Identify staff needs e.g. for specific equipment or teaching resources   | 14 <sup>th</sup> June 2017  | Staff to make lists of wish lists  | LP         | Staff discussion   |

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| <b>National Priority 6: Contributing to pupils' overall achievement</b>                           |   |                               |  |  |  |
| 17. Involvement in the GSSP 'Blazing the Trail' initiative.                                       | To achieve value marks in the 7 Olympic Values: excellence, respect, friendship, equality, determination, courage, inspiration.   | Ongoing Sept 2016 – July 2017 | Ongoing – update relevant results 'live' onto GSSP website live. Email further results by highlighted dates in 'Blazing the trail' document.                     | PSE & PE Faculty                         | Ongoing results recorded for each of 7 areas                             |
| 18. Involvement in School Sports Games  | To achieve Silver Mark  | Ongoing Sept 2016             | Ongoing – apply & update on website  | LP & Faculty                             | Ongoing results recorded for each area.                                  |
| 19. Promote & improve fine/gross motor skills through PE activities in class.                     | Foundation Stage – daily dough disco to strengthen hands & improve fine motor skills.<br>KS One – Keeping children active through e.g. Finger Fitness & Daily Classroom Workouts to promote e.g. activity levels, co-ordination, movement, concentration, behaviours,<br>Whole School – taking regular 'brain breaks' | From Sept 2016                | All children in foundation stage to participate daily in dough disco routine<br>All children in KS1 to participate in daily finger fitness and exercise routines | FS Staff<br><br>KS1 Staff                | Ongoing teacher feedback & observations of children's progress.          |
| 20. Train children as sports leaders, to work with KS1 children at playtimes.                     | <b>Sports Leaders:</b> Year 5 children to be trained as sports leaders to work with KS1 at playtimes  | Sports Champions Course       | 'Sports Leaders' to follow a rota to work on KS1 yard planning & teaching sports and games to groups of children   | LP & Yr5 Sports Leaders                  | Ongoing feedback from sports leaders, KS1 children & all staff involved. |
| 21. Valuing children's opinion's; involving them in identifying PE strengths and needs in school. | Strand of school council to be 'sports council' to speak with classes about PE strengths & needs. Feedback findings to PSE & PE faculty to act upon.  | Ongoing from Spring 2016      | Questionnaires for specific classes. Meetings with faculty.  | PSE & PE Faculty<br>School Council<br>AL | Feedback from school council   |
| <b>National Priority 7: Developing partnerships</b>   |   |                               |  |  |  |
| 22. Improve community links including pathways into clubs   | Provide variety of sporting opportunities for children throughout school e.g. before/ after school clubs; in class coaching sessions.   | From Sept 2016                | Provide club links in weekly newsletters & on school website.  | LP<br>Variety of club coaches            | Newsletters<br>Website   |
|   | Collect information about sports clubs attended   | Feb13th Newsletter            | Use information collected to approach club representatives to visit school to further promote club links.  | LP                                       | Newsletter   |
| 23. Work with GSSP and cluster schools to improve sporting opportunities for children             | Gold Option<br><br>Core Package   | £1091<br><br>£2500            | GSSP/Cluster PE Co-ordinator meetings and GSSP/Cluster sporting events   | LP                                       |  |